



The International Center



Final Version

MALAYSIA – US Women Soccer Exchange Program 2009
Kuala Lumpur; MSN, Bukit Jalil; Kuantan, Pahang; and Kota Kinabalu,
Malaysia
June 18 – 25, 2009

Thursday 18th June 2009

- 11.00am - Arrival of US Team in Kuala Lumpur
- Check-in to Hotel
- 12.30pm - LUNCH
- 3.00pm - Visit to FAM
- Press Conference [TBC]
- Evening - Sorting of Equipments / T-Shirts / Shoes by Local Organizing Committee

Friday 19th June 2009

- am - FREE
- 12nn - LUNCH
- 3pm - Workshop : Training of coaches
Venue : MSN
Program : Prepared by U.S. Team
- 6pm - Visit to Orphanage [TBC]

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Saturday 20th June 2009

- 6.30am - Depart for MSN, Bukit Jalil
- 7am - Registration of Players & Officials
- 8am - Arrival of VIP [TBC]
- 8.15am - Aerobic [TBC]
- Commencement of Football Clinic
- 11am - End of Football Clinic
- 12nn - LUNCH
- pm - DINNER by FAM [TBC]

Sunday 21st June 2009

- 6.30am - Leave for KLIA
- 9.10am - Flight to Kuantan, Pahang
- 10.30am - Check-in to Hotel
- 12 noon - LUNCH
- 2.30pm - Meeting with Local Organizing Committee
Venue: Hotel
- 5.00pm - Workshop: Training of coaches
Venue: [TBC]
- Local organizing committee : sorting of Equipment /
T-Shirts
- 8.00pm - DINNER by LFA Pahang [TBC]

Monday 22nd June 2009

- 6.30am - Depart hotel for grounds
- 7.00am - Registration of players & officials
- 8.00am - Arrival of VIP [TBC]
- 8.30am - Commencement of Football Clinic

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- 12noon - LUNCH
- pm - Free
- 5.00pm - Leave for Airport
[Kuantan → Kuala Lumpur → Kota Kinabalu]
- 6.55pm - Flight Kuantan → Kuala Lumpur
- 9.50pm - Flight Kuala Lumpur → Kota Kinabalu

Tuesday 23rd June 2009

- 12.30am - Arrive in Kota Kinabalu
- 1.30am - Check-in to Hotel
- 10.30am - Meeting with Local Organizing Committee
Venue: Hotel
- 12 noon - LUNCH
- 2.00pm - Workshop: Training of coaches
Venue: [TBC]
- Local Organizing Committee : Sorting of Equipments /
T-Shirts
- 5.00pm - Training Session with National Women Squad
- 8.30pm - DINNER by LFA Sabah [TBC]

Wednesday 24th June 2009

- 6.30am - Depart for Stadium / Grounds
Venue: [TBC]
- 7.00am - Registration of Players & Officials
- 8.00am - Arrival of VIP [TBC]
- 8.30am - Commencement of Football Clinic
- 11.00am - End of Football Clinic
- 12 noon - LUNCH
- pm - Free

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- 5.30pm - Leave for Airport
- 7.15pm - Flight to Kuala Lumpur
[U.S. Team : Kota Kinabalu → Kuala Lumpur → Singapore]
[Malaysia Team: Kota Kinabalu → Kuala Lumpur]

Thursday 25th June 2009

- 5.30am - U.S. Team return back to U.S.A.

END OF COMPONENT 1 PROGRAM